

FMT DOSING OPTIONS

Our suggested treatment plan consists of:

- Pre-treatment (i.e. antibiotics, antifungals and antiparasitics if needed ~ 2 weeks)
- Bowel cleanse/ fasting (done the day before starting FMT, fasting is optional)
- FMT (patients should fast on this day as well)

FMT treatment is divided into a loading dose and, if needed, a maintenance dose.

Loading Dose: takes place the day following a bowel cleanse. Loading doses are normally larger FMT doses over 1-2 days

- Include enemas, capsules and colonoscopy

Maintenance Dose: smaller doses over a period of days/weeks/months.

- Include capsules and oral powder

SOME EXAMPLE PLANS

C.DIFF OR ACUTE CASES

- Loading dose: 1 bottle of caps split over 2 days (i.e. ~15 caps/day) or 1 enema
- Maintenance dose: 1 cap/day for 1-2 months

MODERATE CASES

- Loading dose: 1 bottle of capsules over 2 days (caps dosed 2-3x/day) or 2 enemas
- Maintenance dose: 1 cap/day for 2-3 months

CHRONIC/SEVERE CASES

- Loading dose: 1 bottle of capsules over 2 days (caps dosed 2-3x/day) or 2 enemas
- Maintenance dose: 1 cap/day for ~4 months

Disclaimer: Novel Biome is a contract manufacturer of FMT products, providing high-quality FMT products to physicians. The information provided in this document should not be considered medical advice and is based on Novel Biome's understanding of their FMT products and past experience treating patients with FMT. Our hope is that this information helps as a starting point for physicians. If you have more questions, comments or concerns with these instructions, please email us at support@novelbiome.com.



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